



WEBINAR AGENDA

In Her Defense, Session Two: The Hidden Sentence, Women's Health Behind Bars

- a. **Date:** August 12, 2026
- b. **Duration:** 60 minutes @ 1:00-2:00 PM EST
- c. **CLE:** NO CLE
- d. **Title:** **The Hidden Sentence: Women's Health Behind Bars**

e. **Description:**

Women in jails and prisons face significant and often overlooked gender-specific health challenges, including a lack of reproductive care, pregnancy and birth-related services, and chronic disease management. For many incarcerated women, inadequate access to healthcare becomes a hidden sentence that extends beyond the punishment imposed. This webinar examines the unique health needs of women in custody and the legal, ethical, and constitutional issues that arise when those needs go unmet.

This session is the second of three webinars addressing issues that are specific to representing female clients. We will discuss common health needs of women clients and how to advocating for better health outcomes leads to better case outcomes.

- f. **Materials:** PowerPoint

g. Presenter: Kasha Castillo, Executive Director, Federal Defenders of San Diego, Inc.

Kasha Castillo is the Executive Director for Federal Defenders of San Diego, Inc. She has been in this role since 2021. Before becoming the Executive Director, Kasha was the Director of Training and a member of Senior Management. Kasha has been an AFPD since 2000. Kasha has been in a supervisory role since 2004. She has spent her career representing indigent clients in all stages of federal prosecution. Kasha is an accomplished trial attorney. She has tried numerous federal jury trials ranging from large-scale drug offenses, fraud, sex-trafficking, gun offenses, immigration offenses, alien smuggling, and assault. Kasha is experienced in all aspects of a federal criminal defense, including pre-trial motions, evidentiary hearings, and trials.

Kasha has dedicated her career to providing yearly training to Federal Defenders and the CJA panel. In 2021, Kasha created a week-long, new attorney training program for newly selected CJA attorneys. She was also part of a team that created the California Regional Training Program: The Fundamental Art of Trial Skills. This was a week-long program designed for new California Federal Defenders. Kasha also oversees training for the attorneys in her office, including yearly work on the New Attorney training program and All Attorney training seminars. Kasha routinely participates as faculty in national training programs such as the Trial Skills Academy hosted by the Office of Defender Services, Orientation for New Defenders hosted by the Federal Judiciary Center, and NITA trial skills program. Kasha has also served as an adjunct professor at California Western School of law where she taught various courses on trial skills.

Kasha earned her B.A. in Criminal Justice with a Minor in Psychology from the University of Portland. She received her J.D. from the University of San Diego.