SAMHSA
Substance Abuse and Mental Health
Services Administration

Training and Technical Assistance Related to COVID-19

MHTTC Resources

Responding to COVID-19: highlight products and resources that can be useful when coping with the effects of widespread public health crises such as:

- Psychosocial Impacts of Disasters: Assisting Community Leaders
- Supportive Practices for Mental Health Professionals During Pandemic-Related Social Distancing

MHTTC Pandemic Response Resources including recorded webinars: https://mhttcnetwork.org/centers/global-mhttc/responding-covid-19

Upcoming webinars:

- Aug 14 - "Welcome to my World": Extreme Emotional States and COVID-19 - https://mhttcnetwork.org/centers/new-england-mhttc/event/welcome-my-world-extreme-emotional-states-and-covid-19
- Aug 20 - Supporting School Mental Health in the Wake of COVID-19: A Virtual Conference - Day 2 - https://mhttcnetwork.org/centers/northeast-caribbean-mhttc/event/supporting-school-mental-health-wake-covid-19-virtual-0
- Aug 21 - Social Justice and COVID-19 - https://mhttcnetwork.org/centers/new-england-mhttc/event/social-justice-and-covid-19
- Aug 21 - Managing Behaviors in the Classroom During Challenging Times - https://mhttcnetwork.org/centers/mountain-plains-mhttc/event/managing-behaviors-classroom-during-challenging-times

ATTC Resources

The Addiction Technology Transfer Centers (ATTC) have produced several resources to help providers to improve services capability in response to COVID-19:
ATTC Pandemic Response Resources - https://attcnetwork.org/centers/global-attc/pandemic-response-resources

Upcoming Webinars:

- Aug 17 – Cultural Elements in Treating Hispanic and Latinx Populations - https://attcnetwork.org/centers/northeast-caribbean-attc/event/cultural-elements-treating-hispanic-and-latinx-populations
- Au 18 - New England Region 1: The New England ADA, Addiction, Recovery and Employment Workshop during COVID-19 - Part 1 - https://attcnetwork.org/centers/new-england-attc/event/new-england-region-1-new-england-ada-addiction-recovery-and-0
- Au 19 - El Impacto de la Pandemia del COVID 19 en la Salud Mental, el Suicidio y en el Uso de Alcohol y Otras Sustancia (Spanish Language Webinar) - https://attcnetwork.org/centers/northeast-caribbean-attc/event/el-impacto-de-la-pandemia-del-covid-19-en-la-salud-mental-el
- Aug 20 - Getting Paid: Coverage for Underserved Populations: Who, What, How? - https://attcnetwork.org/centers/pacific-southwest-attc/event/getting-paid-coverage-underserved-populations-who-what-how
- Aug 20 - New England Region 1: The New England ADA, Addiction, Recovery and Employment Workshop during COVID-19 - Part 2 - https://attcnetwork.org/centers/new-england-attc/event/new-england-region-1-new-england-ada-addiction-recovery-and

PTTC Resources

The Prevention Technology Transfer Centers (PTTC) have produced several resources to help providers to improve services capability in response to COVID-19:

PTTC Pandemic Response Resources - https://pttcnetwork.org/centers/global-pttc/pandemic-response-resources

Upcoming Webinars:

- Aug 21 - Connecting Prevention Specialists to Native Communities During Times of Crisis: Listening Sessions - https://pttcnetwork.org/centers/national-american-indian-alaska-native-pttc/event/connecting-prevention-specialists-13

New TTC Program Products

TTC	Resource Type	Title	Link
Central East MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Tip Sheet: Burnout and Virtual Fatigue in Teletherapy	https://mhttcnetwork.org/centers/central-east-mhttc/product/tip-sheet-burnout-and-virtual-fatigue-teletherapy
Central East MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Tip Sheet: Teletherapy for Individual Services	https://mhttcnetwork.org/centers/central-east-mhttc/product/tip-sheet-teletherapy-individual-services
Central East MHTTC	Print Media (Brochure, Monograph, Report, Poster)	Tip Sheet: Group Teletherapy	https://mhttcnetwork.org/centers/central-east-mhttc/product/tip-sheet-group-teletherapy
Mid-America ATTC	Print Media (Brochure, Monograph, Report, Poster)	Telehealth Survey	https://attcnetwork.org/centers/mid-america-attc/product/telehealth-survey
Mountain Plains ATTC	Multimedia (Video, Webinar Recording, Podcast)	Guidance on Federal Health Privacy Laws for Behavioral Health Practitioners and Peer Support Specialists for Virtual Service Delivery during COVID-19	https://attcnetwork.org/centers/mountain-plains-attc/product/guidance-federal-health-privacy-laws-behavioral-health
Pacific Southwest MHTTC	Multimedia (Video, Webinar Recording, Podcast)	Culturally Responsive and Socially Distanced Suicide Prevention: Safety Planning and Other Resources in Pandemic Times	https://mhttcnetwork.org/centers/pacific-southwest-mhttc/product/culturally-responsive-and-socially-distanced-suicide
Southeast MHTTC	eNewsletter or Blog	Southeast MHTTC August 2020 Newsletter	https://mhttcnetwork.org/centers/southeast-mhttc/product/southeast-mhttc-august-2020-newsletter

Northeast & Caribbean MHTTC, MHTTC Network Coordinating Office	Presentation Slides	Mental Health Treatment in the Context of Intimate Partner Violence	https://mhttcnetwork.org/centers/mountain-plains-mhttc/product/mental-health-treatment-context-intimate-partner-violence
Southeast MHTTC	Multimedia (Video, Webinar Recording, Podcast)	COVID-19 Disparities Webinar: How to Support Racial & Ethnic Minority Students	https://mhttcnetwork.org/centers/southeast-mhttc/product/covid-19-disparities-webinar-how-support-racial-ethnic-minority
Pacific Southwest PTTC	Multimedia (Video, Webinar Recording, Podcast)	Webinar: Adverse Childhood Experiences and Chronic Stress: Building Resilience During and After COVID-19	https://pttcnetwork.org/centers/pacific-southwest-pttc/product/webinar-adverse-childhood-experiences-and-chronic-stress
Northwest ATTC	Multimedia (Video, Webinar Recording, Podcast)	The Vital Role of Recovery Housing in the Continuum of Care (webinar)	https://attcnetwork.org/centers/northwest-attc/product/vital-role-recovery-housing-continuum-care-webinar

SMI Adviser Resources

Resources on COVID-19 and Serious Mental Illness

SMI Adviser compiled a list of resources for clinicians who serve individuals with serious mental illness (SMI). During this crisis, refer to the evidence-based resources below for specific guidance around COVID-19. If you have specific questions on recent changes in telepsychiatry, prescribing clozapine, or any other topic, you may request a consultation from one of our national experts.

SMI Adviser Coronavirus Resources: https://smiadviser.org/covid

- Resources on COVID-19 and Serious Mental Illness
- Education Activities about COVID-19
- COVID-19 Resources

Recorded Webinars:
- Managing the Mental Health Effects of COVID-19 https://education.psychiatry.org/Users/ProductDetails.aspx?ActivityID=7256&utm_source=SMI_Adviser_COVID19_Email&utm_medium=March2020
- Telepsychiatry in the Era of COVID-19 https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7257&utm_source=Email&utm_medium=WebinarEmail
- Serious Mental Illness and COVID-19: Tailoring ACT Teams, Group Homes, and Supportive Housing https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7289

National Center of Excellence for Eating Disorders (NCEED)

NCEED has gathered information to help support the community as the COVID-19 crises evolve. Resources were created to provide guidance on how to support yourself, your loved ones and your patients: https://www.nceedus.org/covid/

- **Eating Disorders and COVID-19: What Healthcare Providers Need to Know** - https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Healthcare-Providers.pdf

- **Eating Disorders and COVID-19: What Individuals and Families/Caregivers Need to Know** - https://www.nceedus.org/wp-content/uploads/2020/06/COVID-ED-for-Individuals-and-Families.pdf

Center of Excellence for Protected Health Information – Focus-PHI

While the CoE-PHI develops tools and resources to increase healthcare organization and provider awareness about OCR and SAMHSA COVID-19 Guidance and Resources (and what they can do to protect patient privacy while providing SUD and MH telehealth services), we suggest reviewing SAMHSA's COVID-19 Guidance and Resources as well as the HHS Office of Civil Rights' Notification of Enforcement Discretion for Telehealth Remote Communications During the COVID-19 Nationwide Public Health Emergency.

Tips to keep your telehealth visit private - https://coephi.org/sites/default/files/tips-individuals.pdf

Federal Guidance for SUD and Mental Health Treatment Providers - http://coephi.org/sites/default/files/provider_telehealth_and_privacy.pdf

SAMHSA 42 CFR Part 2 Revised Rule - On July 15, 2020, SAMHSA finalized changes to the Confidentiality of Substance Use Disorder Patient Records regulations, 42 CFR Part 2 ("Part 2"). Part 2 protects the confidentiality of individuals in substance use disorder treatment, and establishes privacy and security requirements for written, electronic, and verbal information. **The effective date of the changes to Part 2 will be August 14, 2020.** Read the SAMHSA 42 CFR Part 2 Fact Sheet for further details regarding the changes.

Recorded Webinars at http://coephi.org/
- Understanding the new changes on 42 CFR Part 2
- Understanding New SAMHSA/OCR Guidance for Telehealth SUD and MH Services;
- Maintaining Patients Confidentiality When Providing Medication for Opioid Use Disorder in Community Health Centers.

PCSS Resources
Resources and presentations can be found at https://pcssnow.org/?s=COVID

Tip Sheet
- Telehealth Tip Sheet - https://custom.cvent.com/10D3BAE39269457884C1D96DE1DF8D8D/files/c0f35116b188481b80df828b226e90c1.docx

Recorded Webinars
- Taking Care of the Compassionate Care Team: Conversations about Moral Distress and Moral Injury - https://pcssnow.org/calendar-of-events/list/?tribe_paged=1&tribe_event_display=past&tribe_eventcategory=6
- Telepsychiatry's Role in Medication Assisted Treatment: https://pcssnow.org/event/telepsychiatrys-role-in-medication-assisted-treatment/
- Use of Buprenorphine in the Management of Opioid Dependence in Underserved Communities: https://pcssnow.org/event/use-of-buprenorphine-in-the-management-of-opioid-dependence-in-underserved-communities/
- Telemedicine-Delivered Buprenorphine Treatment in the Age of COVID-19 - https://pcssnow.org/event/tele-buprenorphine-in-the-age-of-covid-19/

- Optimal MOUD prescribing practices for the Future: During the COVID-19 Pandemic and Beyond - https://pcssnow.org/event/optimal-moud-prescribing-practices-for-the-future-during-the-covid-19-pandemic-and-beyond/
- How COVID-19 Impacts Clinical Practice - https://pcssnow.org/event/how-covid-19-impacts-clinical-practice-3/

Online Trainings
- Supporting Providers After Overdose Death: https://learning.pcssnow.org/p/SupportingProviders
- Grief and Managing an Overdose Death: https://pcssnow.org/event/grief-and-managing-an-overdose-death/
  - Related resource document: https://pcssnow.org/resource/grief-and-overdose-death-2/
- Young adult seeking treatment after overdosing: https://pcssnow.org/education-training/training-courses/teenager-seeking-treatment-after-overdosing-part-1/
- Partnering with Pharmacists: Naloxone Prescribing and Dispensing to Prevent Overdose Deaths: https://pcssnow.org/event/partnering-with-pharmacists-naloxone-prescribing-and-dispensing-to-prevent-overdose-deaths-aoaam/
- Stress, Relaxation, and Mindful Breathing: A Primer: https://pcssnow.org/education-training/training-courses/9-stress-relaxation-mindful-breathing-primer/

Checklist
- Initial Patient Contact about Buprenorphine Checklist - https://opioidresponsenetwork.org/ResourceMaterials/Sample-Initial-Patient-Contact-about-Buprenorphine.pdf

ORN Resources
Recorded Webinars
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - https://opioidresponsenetwork.org/COVID19.aspx#Video
- Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- The Opioid Epidemic and COVID-19: How Social Determinants of Health Create Differential Impacts - https://opioidresponsenetwork.org/COVID19.aspx
- American Osteopathic Academy of Addiction Medicine webinar titled Telemedicine: Getting Started, Regulations and Privacy Issues. https://education.aoaam.org/products/telemedicine-getting-started-regulations-and-privacy-issues-3272020#tab-product_tab_overview
- Compassionate Fatigue and Self Care: For Helping Professionals Working with Opioid Related Disorders https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=9338

Manual
- Adapting Your Practice: Recommendations for the Care of Homeless Patients with Opioid Use Disorders - https://opioidresponsenetwork.org/admin/ResourceDetails.aspx?resourceID=4162

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